



WORD OF THE DAY (Philippians 4:8)

"Finally, brethren, whatsoever things are true, whatsoever things are honest, whatsoever things are just(right), whatsoever things are pure, whatsoever things are lovely, whatsoever things are of good report(admirable); if there be any virtue, and if there be any praise, think on these things."

-KJV

YOUR THOUGHT LIFE MATTERS



Your thoughts matter. Quick!!! What are you thinking about right now? Better yet, what were you thinking about 5 minutes ago? What were you thinking about an hour ago? There are so many thoughts that come into our minds. Some thoughts pass through and drift away, some are stored away into our memory to think about later; and others are given the front stage to our mind. Our verse of today, implies to us very strongly that regardless of how big or small the thought, your thoughts matter. Even what seems to be the most minor devious thought, they all matter. Our thoughts matter because our thoughts impact our feelings and our feelings impact our behavior. Our behavior shapes our character, and our character creates our destiny.

Many desire a place in your mind. In our world of constant stimulation, there is much competition for your attention span. Imagine, for example, the grocery store aisle. Vendor's pay for a slot on the grocery shelf so that they can have their products advertised to all who pass by, hoping that they will buy it. Similarly, there is much competition for the space in both our conscious and subconscious mind(s). Advertisers spend billions of dollars on ads to fill our mind with thoughts of their products. Some individuals who desperately desire to find a suitable mate often dress provocatively so that thoughts of lust will be planted in the recipient's mind. Social media alerts and friend status updates signal to us the idea that we need to respond immediately; while evil spirits remind us of our failures, hoping that thoughts of negativity and condemnation will be stored on the shelves of our mind. Many thoughts are striving to rent a place on the shelves of your mind.

Think on these things. In the midst of the great battle for our attention and our thoughts, Paul gives us a checklist through which we can determine the thought-worthiness of an idea. Thought-worthiness means, how worthy an idea is to be given the opportunity to exist as a thought in our mind. Paul tells us that we should think of things that are Honest and things that are Honest and things that are Lovely. We should think on things which are Pure and things that are Lovely. We should think on things that are of Virtue, and things that are Praiseworthy. When the WORD of God guide our thoughts, we will easily be able to recognize which thoughts are worth having in our minds and which ones are not. Your thought life matters, so think on these things (Philippians 4:8).

Your brother in Christ, WNL

THOUGHT FOR THE WEEK

With so many things striving for your attention, let Jesus always be the center of your thought life.

PRAYER FOR THE WEEK

Dear God, thank you for telling us what we should focus our minds on. Help me to not be distracted, deceived, or discouraged, but rather help me to focus on those things which will encourage me, serve others, and glorify you. In Jesus name we pray, Amen.

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