

# WORD OF THE DAY



## WORD OF THE DAY ([Galatians 5:22-23](#))

"But the fruit of the Spirit is love, joy, peace, forbearance(patience), kindness, goodness, faithfulness, **gentleness** and self-control. Against such things there is no law." - NIV

## MEDITATE ON THIS ( **Keep it Gentle** )



**The Eighth Fruit of the Spirit is Gentleness.** The word for **gentleness** is derived from the same root word as the word for **meekness**. While being gentle clearly emphasizes a need for being mild, soft, or soothing; another important aspect of this word is the reservation of one's power. For example, gentleness may be required by a father when holding a newborn baby, not because the father lacks strength, but because there is a need for him to measure how much strength is needed. Therefore the end result of gentleness is not due to a lack of power, but a loving mindfulness in the measured delivery of that power.

**Times to be Gentle.** There are certain general times and circumstances in life when gentleness is called for.

1. We should be gentle when we are **correcting someone** who is in error. Be gentle with your tone, word choice, and overall delivery.
2. We should be gentle **when someone has wronged us**. Although peacemaking often requires confrontation, approach such situations with a spirit of gentleness.
3. Be gentle when **expressing your needs and requests**. Whether there are physical, spiritual, or even mental/emotional, be gentle when sharing with others your needs.

**Why should you be Gentle?** We should be gentle because the world is a broken place with many broken people. Like a doctor caring for an injured patient, the Christian can only walk in the steps of Jesus as healer and comforter if we walk in the spirit of gentleness. Sisters and brothers in Christ, be gentle.

-Your brother in Christ, **WNL**

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## THOUGHT FOR THE WEEK

Gentleness is part of the Christian's prescription for healing a broken world.

## PRAYER FOR THE WEEK

Dear God, thank you for your gentleness towards me when I've gone astray and needed your healing touch. Please allow me to also be gentle with others around me so that they will come to know you. In Jesus name I pray. Amen.



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